

# WEEK 3

## PRESCHOOL LESSON GUIDE



### THE BIG IDEA

Jesus helps me when I'm tempted.

### THE BIBLE

The Temptation of Jesus: Mark 1:12-13; Matthew 4:1-11

## WELCOME TIME

### MUSIC | Worship Warm-Ups

- **INSTRUCTIONS:** Consider creating a fun worship environment by playing a worship playlist as kids walk in or play freely before your program begins. We recommend [these songs of silliness!](#)
  - **TODDLER HACK:** Give kids toy [instruments](#) to play while they sing and dance along to the songs.

### ACTIVITY | Frisbee Golf

- **INSTRUCTIONS:** Prepare frisbees and wet-erase markers (or paper plates and permanent markers) so there are enough frisbees for each kid. Help kids write down their responses to the question about what they might be tempted to do. Afterward, set up a play tunnel or another bin on its side, and have kids throw their frisbees into the tunnel.
- Today, we are going to talk about what we should do when we are tempted. **Do you know what the word "tempted" means?** It means you really want to do something that you know you shouldn't do.
- **Can you think of something that you might be tempted to do?**
- Just because we are tempted to do something, it doesn't mean we need to do it. We can choose to stop. We can choose to let it go. Let's throw our frisbees to show that we don't have to do what we're tempted to do!

**ACTIVITY** | Handsfree Hockey

- **INSTRUCTIONS:** *In the middle of a long table, dump out two different colors of [pom poms](#). Make a square-shaped goal at each end of the table using painter's tape. Split the kids into two teams, assigning each team a color. Give each kid a [bendy straw](#) and have them bend the straw into an L shape (this is their "hockey stick"). They need to use their straw only to move their team's color pom poms from the middle pile to their goal. They cannot use their hands or touch the other team's pom poms.*
  - **TODDLER HACK:** *Do this activity with inflated balloons and paper towel tubes or pool noodles cut in half and use the entire room instead of a single table.*
- We had rules so that the game could be played fairly. You weren't allowed to use your hands and you weren't allowed to touch the other team's colors. **But did you want to do it?** That's okay, we are all tempted to do things we shouldn't. Sometimes it feels like we can't control ourselves.
- Today's Bible story is going to show us what we should do when we are tempted!

**TEACHING TIME**

**SCRIPTURE** | Mark 1:12-13; Matthew 4:1-11

- **INSTRUCTIONS:** *Open the Bible to today's passage and lay it on your lap as you tell the story.*
- Our story today is about Jesus being tempted to do things that were wrong.
  - Jesus was in the desert where it was very hot and dry. The desert was covered in sand and rocks. Jesus was in the desert for forty days and he didn't have anything to eat! Jesus was very tired and very hungry.
  - **Can you rub your tummy and show me how hungry you think Jesus was?**
  - Well, that's when the devil tried to trick Jesus. The devil is an old enemy of Jesus who kept trying to make Jesus do bad things.
  - **Want to know some of the things he tried to get Jesus to do?**
- **Everyone put up one finger and say, "First."** First, the devil tried to get Jesus to turn stones into bread. Jesus was really hungry, and he could probably have done it. But he knew the devil was trying to trick him. Jesus said, "No."
  - **Everyone cross your arms and put on a very serious face and say, "No!"**
- **Now put up two fingers and say, "Second."** Second, the devil took Jesus up to a really high place in the city. The devil tried to tempt Jesus again to jump and make angels catch him. Jesus did not like that the devil was making fun of God's words. Again, Jesus said, "No."
  - **Put both hands in front of you and say it with me, "No!"**
- **Okay, put up three fingers and say, "Third."** For a third time, the devil tried to tempt Jesus. This time, the devil wanted to tell Jesus that he would give him all sorts of treasures if Jesus would stop obeying God and started obeying the devil. Jesus said one last time, "No."



## LESSON

- **Take one finger and point to the door and say, "No! Go away!"** After trying three times and failing, the devil left Jesus alone.
- Each time Jesus was tempted, he remembered God. He stayed strong, He said no to the devil and no to being tempted!

### THE BIG IDEA | Jesus helps me when I'm tempted.

- **INSTRUCTIONS:** Create [a pennant banner](#) like previous weeks. Write one word of the Big Idea on each triangle. Hang it up backwards before the kids arrive, then flip it over for the Big Idea reveal. Use the pom-poms and noisemakers and have kids yell the Big Idea.
- Let's shout out today's Big Idea cheer: **Jesus helps me when I'm tempted.**

### VIDEO | Challenge Accepted, Episode 3

- **INSTRUCTIONS:** Play this week's preschool [teaching video](#).

### ACTIVITY | Desert in a Bottle

- **INSTRUCTIONS:** Before the kids arrive, put in one stone and some sand into an empty water bottle (choose a bottle with a wide mouth like a Gatorade bottle). Seal the top of the bottle with duct tape or hot glue. Pass the bottle around so each kid can have a turn shaking the bottle to find the stone.
  - **TODDLER HACK:** Make more than one bottle with the sand and rocks inside so the younger kids can each have one to play with.
- Jesus was in the desert when the devil tried to tempt Jesus three times. But Jesus said no every time. This bottle has sand just like the desert. **Can you find the stone inside?**
- **Do you remember what the devil told Jesus to do with the stone?** That's right, he told Jesus to turn the stone into bread to eat. But Jesus said no. He wanted to obey God rather than listen to the devil
- And God can help us say no to the things we aren't supposed to do, too. **Jesus helps me when I am tempted.**

### PRAYER

- Dear God, thank you for your son, Jesus, who stood up to the devil when he was tempted. When we get tempted to do something wrong, help us to be strong like Jesus. Help us to say no and walk away. We know you are always there to help us. Amen.

## DISCUSSION TIME

### ACTIVITY | Stay on the Line



## LESSON

- **INSTRUCTIONS:** Before the kids arrive, take three different [colored masking tapes](#) and create three different paths that weave around the room but start and end in the same place.
- Pick any color line and follow the line all the way to the end. Be careful to stay on the line!
- **Was it tricky to stay on the line the whole time?** Sometimes, it is hard to do what is right and stay where we are supposed to.
- There are three different tape lines here, just like how Jesus was tempted three times. And even though it was hard, Jesus said no all three times. Jesus stayed on the line and beat temptation!

### ACTIVITY | Knock Down Temptation

- **INSTRUCTIONS:** Using a [toy bowling set](#), label each pin with letters spelling "TEMPTATION," and one of the bowling balls with "Jesus." Set up the bowling pins. After kids roll their ball, knock down any remaining pins with the "Jesus" ball.
- We are strong enough to fight off most temptation. But when it's too hard, Jesus is ready to help us knock them down for us. **Jesus helps me when I'm tempted!**

### MEMORY VERSE | I John 5:5 (NIV)

- **INSTRUCTIONS:** Provide at least four different [balls](#). Instruct the kids to sit in a circle and pass the balls around while the music plays. When the music stops whoever is holding the ball you call out (e.g., basketball!) has to repeat the memory verse after you aloud.

## PLAY TIME

While you're waiting for parents to pick up their kids . . .

### ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Provide this week's coloring page and some crayons or markers. Review today's Bible story and Big Idea as the kids color. Optional: Print the coloring page on cardstock paper. Have kids spread glue over the page, and sprinkle [colored sand](#) to cover it up.

### ACTIVITY | Stamp Out Temptation

- **INSTRUCTIONS:** Before the kids arrive, cut sponges into football shapes. Write the word "temptation" on a piece of paper. Show the kids how to dip a football sponge into paint and stamp the paper to cover the word completely.

### ACTIVITY | Desert Sandbox



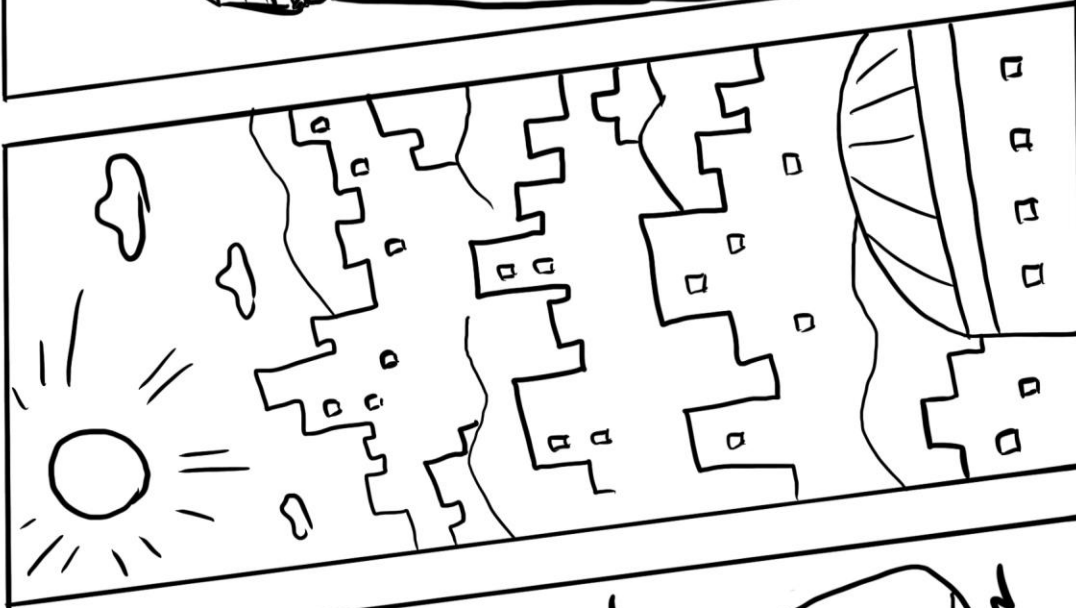
## CHALLENGE ACCEPTED | WEEK 3 PRESCHOOL

### LESSON

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- **INSTRUCTIONS:** *Have kids play with sand in a bin (try using [kinetic sand](#) for a less messy alternative). Talk about the different ways Jesus was tempted in the desert as they play.*

*Encourage your preschoolers to help clean up the room while they wait for their parents.*



DEVIL	0
JESUS	3